



# Gone With The Winnies Newsletter

JANUARY 22, 2009

VOLUME 1, NUMBER 1

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## Special Edition

As of January, 2009 I have taken over the Newsletter Publication since the new Secretary (Barbara DeMatteis) did not feel she could do both. Therefore, this is a transitional Newsletter from the wonderful ones prepared by Theda and Charlene. Since I am still working, I do not have a lot of time to prepare newsletters and will depend on each of you to drop me a note about what you might want included in your Newsletter. I had planned on publishing the Newsletter every other month or each Quarter as time allows me to prepare them. Should there be something special occurring, I will try to get a Special Edition out to everyone. Thank You for your patience with this process as we work through 2009 which can be a bit trying in more than just the Newsletter area.

Sincerely,  
Rick Spilman ([rick@srupc.com](mailto:rick@srupc.com))

## New Officers Sworn In at the January Meeting

Your new officers were sworn in at the January Meeting. Hal Pierce has taken over the reigns as President while James Boatfield and Hubert Blankenship assumed the 1<sup>st</sup> and 2<sup>nd</sup> Vice Presidents. Betty McHaney stayed on as the Treasurer while Barbara DeMatteis took over the Secretarial Duties. James and Hubert were not able to attend due to illness in their families.

Several folks came early and went out to eat Wednesday and Thursday nights. Friday Night everyone ate out and then had dessert at the meeting room. Dan Rankin and others there sang Happy Birthday to Barbara Bell (we won't tell her age – but she and Mary Ann are both the same year now – smile). Many folks hung around and sang songs Friday Evening. It was a bit on the chilly side while we were there. Our water faucet from the park froze one night while several folks had frozen hoses. But, all in all everyone had a good time. We are all sorry those of you that did not attend could not be there. We look forward to seeing you at upcoming meetings.

## Editors' Corner

I have added this section as a place where I might comment from time to time about things that are important to me. It might also include items at times from other members who feel that they need to air their opinion about a given topic. I am in hopes that what is said here will be taken in a constructive vein as what is said will probably be true but might hurt at times. Enough said for now and I look forward to seeing everyone in the near future.

Rick Spilman

## *A Quick Reminder about Cold Weather*

Most everyone is aware of this but many of us forget about it until it is too late. While most everyone uses a small electric heater to help keep the coach area warm and livable, we fail to run our gas furnaces on really cold nights. Don't forget that the furnace not only puts warm area up in the living area, but it also puts warm air into the bay area. This helps keep the water tanks, water lines, and water pump warm so that it has a better chance of not freezing up. So be sure to let those furnaces run at least some to keep things working on those nights you really need to bundle up yourself.

Keep all our members in your prayers as we go forward in the New Year. Especially those who have been ill or have had surgery. Every member of our club is needed and missed when they are not present.

## *Mark These Events On Your Calendar*

### UPCOMING EVENTS

Hosts should provide information to the editor at least two months in advance. Campouts that are 'TBA' in the WIT Club News are not covered by insurance. It is very important that chapter members notify the hosts after making their reservations so the hosts can plan meals accordingly

#### *February 13-15, 2009*

Hosted by Hal and Bobbie Pierce and Bill and Annette Whitmire, River Vista Mountain Village, Dillard, GA, 888-850-7275. Rate of \$25.74.

**Friday Night-Caravan** to local restaurant.

**Saturday Breakfast-8:30 a.m.**-Hosts will advise later or surprise!

**Business Meeting-10:00 a.m.**

**Saturday Lunch and Afternoon**-on your own. Remember all the surrounding places of interest.

**Saturday Dinner-6:00 p.m.**-Ham and turkey. Please bring a side dish or dessert to share.

**Sunday Breakfast-8:30 a.m.**-Pastries and coffee

**Devotion**-follows breakfast.

Bring plates, utensils, cups and drinks.

#### *March 13-15, 2009*

Hosted by George and Betty Werner and the Homer Bunch, Leisure Acres, Cleveland, GA, 888-748-6344.

#### *April 16-19, 2009*

Georgia State Rally, AgriCenter, Perry, GA, **Westward Ho The Wagons**, go to the website <http://gawit.com> to get all Rally information.

#### *May 15-17, 2009*

State Meeting, River Country RV Park, Gadsden, AL hosted by GWTW, 256-543-7111.

June 12-14, 2009

Hosted by Hubert and JoAn Blankenship and Rickey and Patricia Heath. Location TBA.

July 19-24, 2009

GNR in Forest City, IA

August 14-16, 2009

TBA

Sept. 18-20, 2009

State Meeting, Pine Mountain Campground, Pine Mountain, GA hosted by Metro Atlanta Winnies, 706-663-4329.

October 9-11, 2009

Hosted by Jesse and Theda Chambless and Gwin and Charlene Brewton, Cartersville, GA KOA, 800-562-2841 and 770-382-7330.

Nov. 13-15, 2009

TBA

Dec. 11-13, 2009

Gone With the Winnies Christmas Outing, River Country RV Park, Gadsden, AL, 256-543-7111.

FEBRUARY  
BIRTHDAYS

David MacLellan,  
February 5  
Barbara DeMatteis  
February 9  
Babs Waltz,  
February 18  
Paula Burtch,  
February 20

FEBRUARY  
ANNIVERSARIES

George & Betty  
Werner  
February 9, 2001  
Hubert & JoAn  
Blankenship  
February 19, 1971  
Jerry & Wanda  
Hill  
February 4, 1970

## Something to Brighten Your Day---

### Tips to Justify the Holidays

#### I love this Doctor

Q: I've heard that cardiovascular exercise can prolong life; is this true?

A: Your heart is only good for so many beats, and that's it . . . don't waste them on exercise. Everything wears out eventually. Speeding up your heart will not make you live longer; that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: You must grasp logistical efficiencies. What does a cow eat? Hay and corn. And what are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetable). And a pork chop can give you 100% of your recommended daily allowance of vegetable products.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine is made from fruit. Brandy is distilled wine, that means they take the water out of the fruity bit so you get even more of the goodness that way. Beer is also made out of grain. Bottoms up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have a body and you have fat, your ratio is one to one. If you have two bodies, your ratio is two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of a single one, sorry. My philosophy is: No Pain . . . Good!

Q: Aren't fried foods bad for you?

A: YOU'RE NOT LISTENING! Foods are fried these days in vegetable oil. In fact, they're permeated in it. How could getting more vegetables be bad for you?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise a muscle, it gets bigger. You should only be doing sit-ups if you want a bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy? Cocoa beans! Another vegetable! It's the best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming is good for your figure, explain whales to me.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' is a shape!

**Well, I hope this has cleared up any misconceptions you may have had about food and diets.**

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than Americans.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than Americans.
3. The Chinese drink very little red wine and suffer fewer heart attacks than Americans.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than Americans.
5. The Germans drink a lot of beers and eat lots of sausages and fats and suffer fewer heart attacks than Americans.

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**CONCLUSION: Eat and drink what you like. Speaking English is apparently what kills you.**

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### *Reality Check for New Years*

I was walking down the street when I was accosted by a particularly dirty and shabby-looking homeless woman who asked me for a couple of dollars for dinner.

I took out my wallet, got out ten dollars and asked, 'If I give you this money, will you buy wine with it instead of dinner?'

'No, I had to stop drinking years ago', the homeless woman told me.

'Will you use it to go shopping instead of buying food?' I asked.

'No, I don't waste time shopping,' the homeless woman said. 'I need to spend all my time trying to stay alive.'

'Will you spend this on a beauty salon instead of food?' I asked.

'Are you NUTS!' replied the homeless woman. 'I haven't had my hair done in 20 years!'

'Well, I said, 'I'm not going to give you the money. Instead, I'm going to take you out for dinner with my husband and me tonight.'

The homeless Woman was shocked. 'Won't your husband be furious with you for doing that? I know I'm dirty, and I probably smell pretty disgusting.'

I said, 'That's okay. It's important for him to see what a woman looks like after she has given up shopping, hair appointments, and wine.'